INNOVATE
EXERCISE PHYSIOLOGY

Rebates & Subsidies for Exercise Physiology

Accredited Exercise Physiologists (AEPs) are allied health professionals. You can often reduce your out-of-pocket costs using the following pathways:

1. Medicare Plans

Who qualifies? Anyone with a chronic condition (diabetes, arthritis, heart disease) that has lasted 6+ months.

The Benefit: Ask your GP for a Chronic Condition Management Plan. This grants up to 5 rebated individual sessions per calendar year.

The Cost: Medicare rebates $63.40 per session. (Ask reception about our current gap fee).

Type 2 Diabetes: You may be eligible for an additional 8 group sessions per year.

2. Private Health Insurance

The Benefit: Most "Extras" policies cover Exercise Physiology.

How to claim: We offer HICAPS on-the-spot claiming at reception, you only pay the remaining gap.

Check your cover: Quote item codes 102 (Initial Assessment) and 202 (Standard Consultation) to your insurer to find out your exact rebate.

3. NDIS (National Disability Insurance Scheme)

The Benefit: We work with you to improve mobility, independence, and strength.

Funding: Covered under your Capacity Building budget (Improved Health & Wellbeing or Improved Daily Living).

Eligibility: We welcome Self-Managed and Plan-Managed participants.

4. Department of Veterans' Affairs (DVA)

The Benefit: Gold Card or eligible Silver Card holders receive fully covered clinical exercise treatment.

How to get started: Request a D904 referral from your GP addressed to our clinic. There is zero out-of-pocket expense.

5. Workers' Comp & CTP Claims

The Benefit: If you've been injured at work or in a motor vehicle accident, your rehabilitation may be 100% covered by your insurer.

What we need: Bring your claim number, case manager's details, and approval letter to your first visit.

Not sure which one applies to you? > Speak to our friendly reception team or ask your Exercise Physiologist

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ESSA · We support the ndis · VALD HEALTH · WorkSafe VICTORIA